

Evropski centar  
za mir i razvoj  
Terazije 41  
11000 Beograd, Srbija

ECPD Headquarters



European Center  
for Peace and Development  
Centre Européen  
pour la Paix et le Développement  
Centro Europeo  
para la Paz y el Desarrollo  
Европейский центр  
мира и развития



Belgrade, 14 February 2023

**The European Center for Peace and Development University for Peace established by the United Nations**, in the framework of the ECPD International Program of Transfer of Knowledge System, organize

## II ECPD SPECIALIST SEMINAR

# MEDICINAL PLANTS, PHYTOTHERAPY AND AROMATHERAPY

(Vrnjačka Banja, 2 – 3 June 2023)

We have the pleasure to invite you to participate in the work of this ECPD Seminar, which represents a synthesis of contemporary achievements in phytotherapy, through a multidisciplinary and holistic approach from the aspect of social medicine, traditional nutrition, phytopharmacy, pharmacognosis, clinical branches of medicine, food processing technologies and nutrition, nutritionism and diet respectively, with a view to improving quality of life. **In the framework of the Seminar, a program of continuing medical education, for medical doctors, doctors of dental medicine, pharmacists and medical nurses is also included.**

The **Co-Directors** of the Seminar are **Prof. Dr. Anđelka Lazarević**, long-standing Director of the Faculty of Applied Health Sciences in Belgrade and professor of ECPD at the UN University for Peace, and **Prof. Dr. Natalino Petti**, naturopath, Director of the School of Evolutionary Naturopathy (Bari, Trieste, Nova Gorica), president of the International Academy for Global Dynamics of Well-Being and Health, Italy.

During the Seminar participants will have the opportunity to gain knowledge on the latest achievements in the field of medicinal plants and their application, practices in pharmacy, medicine, phytotherapy, and cosmetology.

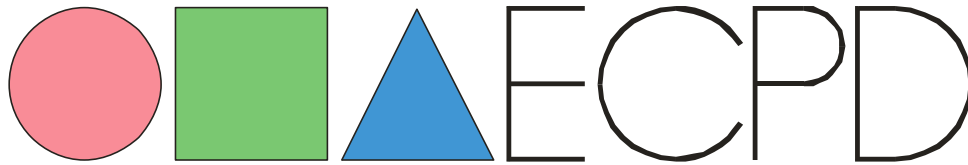
### Program

The following thematic fields are included in the Program:

#### 1. Self-seeding and grown medicinal herbs – basis for pharmaceutical and cosmetics industry

- Self-seeding (wild) medicinal herbs – standards for harvesting and protection of plant species
- Grown medicinal plants – preparation and principles of planting

Phone: +381 11 3246-041, 3246-042, 3246-043, 3246-044, 3246-045 Fax: 3240-673, 3234-082  
E-mail: [ecpd@EUnet.rs](mailto:ecpd@EUnet.rs), [office@ecpd.org.rs](mailto:office@ecpd.org.rs)



## 2. Principles of Phytotherapy

- Significance of medicinal plants in health protection of the population
- Principles and history of Phytotherapy
- Plant-based drugs and review of active matter
- Principles of Phytotherapy and rational Phytotherapy
- Plant preparations (herbal drugs, extracts, essential oils)
- Pharmaceutical forms of plant preparations: solution (herbal drops, tonic, syrup), semi-solid forms (gel, cream, ointment) and solid forms (instant tea, tablets, capsules)

## 3. Principles of Aromatherapy

- Principles of essential oil production
- Refining and quality of essential oils
- Application methods
- Profile of the most common essential oils

## 4. Preventive and anti-ageing phytotherapy

## 5. Phytotherapy in oncological, cerebrovascular and other diseases

## 6. Medicinal plants in Microbiotics and Homeotherapy

### Certificate

ECPD will provide participants of the Seminar with appropriate literature and teaching materials to help them follow the lectures effectively and study the teaching materials after the Seminar, along with authorized lecturer's texts.

Participants who have successfully completed the Seminar will obtain an internationally recognized **Certificate** of the **European Center for Peace and Development of the UN University for Peace**.

### Application Form and Participation Fee

**The participation fee** for the Seminar is **190 EUR**.

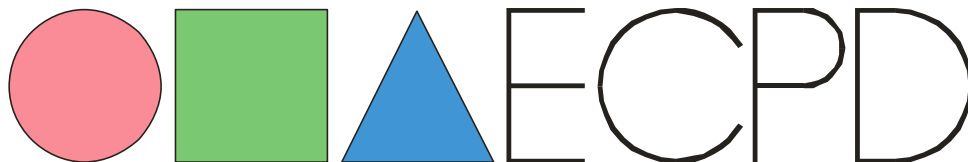
**Application** should be sent to: European Center for Peace and Development UN University for Peace, Terazije 41, 11000 Belgrade, Serbia; Tel: +381 11 3246 041; E-mail: [ecpd@Eunet.rs](mailto:ecpd@Eunet.rs) and [office@ecpd.org.rs](mailto:office@ecpd.org.rs); [www.ecpd.org.rs](http://www.ecpd.org.rs)

Looking forward to your application and meeting you soon, we remain,

Sincerely yours,



DIRECTOR OF ECPD BIOMEDICAL  
AND MEDICAL STUDIES  
(Academician Vladimir Kanjuh)



EUROPEAN CENTER FOR PEACE AND DEVELOPMENT (ECPD)  
UNIVERSITY FOR PEACE ESTABLISHED BY THE UNITED NATIONS

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# MEDICINAL PLANTS, PHYTOTHERAPY AND AROMATHERAPY

(Vrnjačka Banja, 2 – 3 June 2023)

### APPLICATION FORM

1. Name and surname \_\_\_\_\_
2. Educational background \_\_\_\_\_
3. Specialty \_\_\_\_\_
4. Organization (name, address, phone) \_\_\_\_\_  
\_\_\_\_\_
5. Workplace or function \_\_\_\_\_
6. Address for correspondence (if different than specified above) \_\_\_\_\_  
\_\_\_\_\_
7. Phone \_\_\_\_\_ Fax \_\_\_\_\_
- E-mail address: \_\_\_\_\_
8. License number: \_\_\_\_\_

The Application Form should be submitted to the European Center for Peace and Development UN University for Peace, Terazije 41, 11000 Belgrade; Tel: +381 11 3246 041; E-mail: office@ecpd.org.rs and ecpd@eunet.rs; www.ecpd.org.rs

The participation fee should be paid through ECPD account. For the detailed payment instructions and pro-forma invoice, please contact ECPD Financial Department: Tel: +381 11 3246 041; E-mail: office@ecpd.org.rs and ecpd@eunet.rs

Place and date \_\_\_\_\_ Candidate \_\_\_\_\_