

European perspectives on challenges to health and healthcare

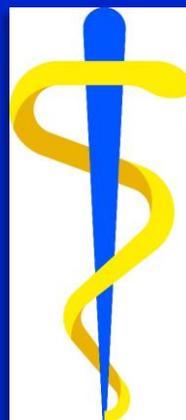
Sarada Das, CPME Secretary General

25 November 2023, Sofia

We represent national medical associations across Europe, covering roughly:

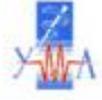
1.7 million European Doctors from 37 countries

We are committed to contributing the medical profession's point of view to EU institutions and European policy-making through pro-active cooperation on a wide range of health and healthcare related issues.



We promote the highest level of medical training and practice but also the provision of evidence-based, ethical and equitable healthcare services.

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	Austria Österreichische Ärztekammer (Austrian Medical Chamber)		France Conseil National de l'Ordre des Médecins (French Medical Council)		Malta Medical Association of Malta		Albania Udhëtimi Mjekësive të Shqipërisë (Order of Physicians of Albania)
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	Croatia Hrvatska liječnička komora (Croatian Medical Chamber)		Hungary Magyar Orvosi Kamara (Hungarian Medical Chamber)		Romania Colegiul Medicilor din România (Romanian College of Physicians)		Kosovo* Cdo e Mjekëve të Kosovës* (Kosovo* Doctors Chamber)
	Cyprus ΠΑΓΚΥΠΡΙΟΣ ΙΑΤΡΙΚΟΣ ΣΥΜΟΧΟΣ (Cyprus Medical Association)		Iceland Læknafélag Íslands (Icelandic Medical Association)		Slovakia Slovenská lekárska komora (Slovak Medical Chamber)		Montenegro Ljebarska Komora Crne Gore (The Medical Chamber of Montenegro)
	Czech Republic Česká lékařská komora (Czech Medical Chamber)		Ireland Ceardchumann Dochtúirí na hÉireann (Irish Medical Organisation)		Sweden Sveriges läkarförbund (Swedish Medical Association)		North Macedonia Лекарска комора на Република Северна Македонија (Doctor's Chamber of North Macedonia)
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	Estonia Eesti Arstide Liit (Estonian Medical Association)		Lithuania Lietuvos gydytojų sąjunga (Lithuanian Medical Association)		The Netherlands Koninklijke Nederlandse Maatschappij tot Bevordering der Geneeskunde (RMA) (RMA) (Royal Dutch Medical Association)		Turkey Türk Tabipleri Birliği
	Finland Suomen Lääkäriliitto/Finlands Läkareförbund (Finnish Medical Association)		Luxembourg Association des Médecins et Médecins- Dentistes du Grand-Duché de Luxembourg		United Kingdom British Medical Association		Ukraine Ukrainian Medical Association (UMA)



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What topics does CPME work on?

Digital Health

Pharmaceuticals & Healthcare Products

Public Health & Disease Prevention

Professional Practice & Health Systems

Principles, Patients & Ethics

What can Europe do to tackle challenges health and healthcare?

- COVID-19 pandemic exposed long-standing problems in health systems
- BUT, pandemic also showed value of European cooperation
- HOWEVER, the European Health Union is not yet achieved

- To tackle the challenges, we need
 - High-level political attention for health
 - Continued investment in health
 - Coherent policy-making
 - European solidarity

EUROPEAN ELECTION CAMPAIGN

Health Check for Europe 2024-2029

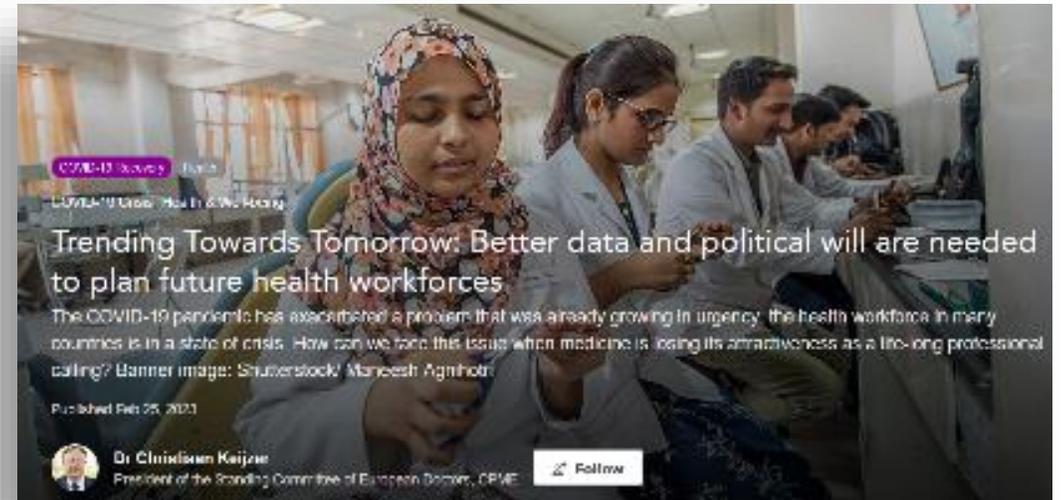
European doctors' ambitions to continue building the European Health Union:

1. Tackle the health workforce crisis
2. Ensure a safe digital transformation of healthcare
3. Enable healthier living
4. Guarantee accessibility and effectiveness of medicines
5. Take climate action for better health



Tackle the health workforce crisis

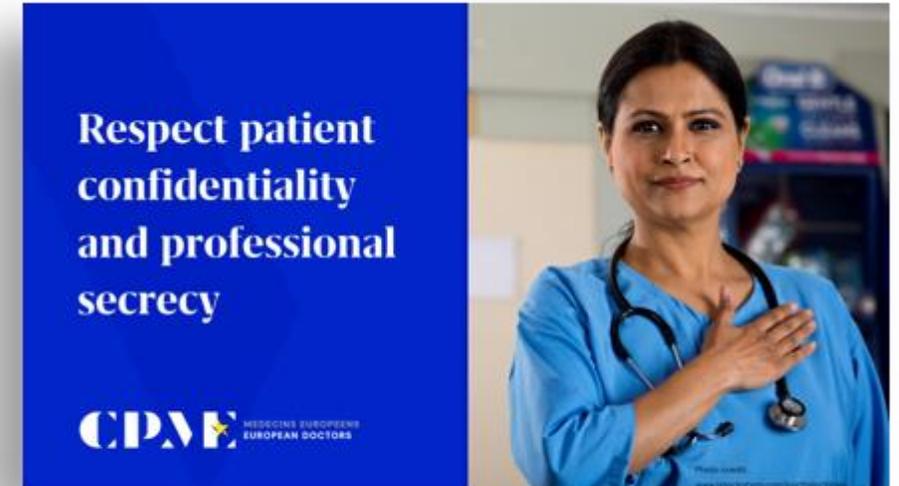
- Act on retention and recruitment
- Enforce national and EU laws on working conditions
- European Commission guidance on minimum capacity benchmarks to achieve safe staffing levels
- Defend minimum training requirements in Professional Qualifications Directive 2005/36/EC and high-quality training throughout careers
- Prevent brain drain by creating self-sufficiency and implementing WHO's ethical recruitment policies



→ **Ensure that medical profession does not lose its attractiveness as a lifelong career**

Ensure a safe digital transformation of healthcare

- Great potential, but fallacy to think it solves all problems
- Need to respect medical confidentiality and professional secrecy
- Lobby on-going EU negotiations on European Health Data Space to work towards trustworthy IT infrastructures
- Doctors need financial support incl. training for digital literacy



→ **Ensure that digital transformation supports doctors and does not take time away from patient care**

Enable healthier living

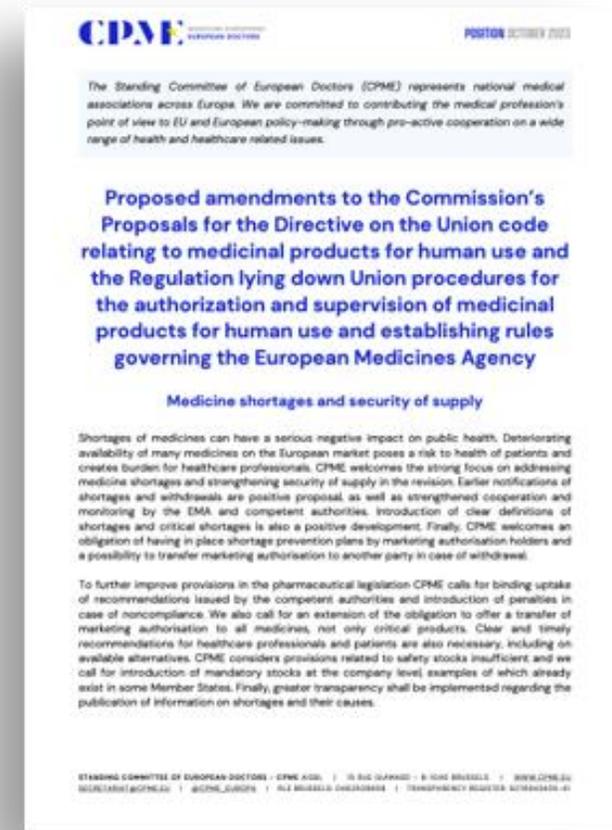
- Implement 'Health in all policies' approach, with cross-sectoral action on health, taxation, agriculture, education etc.
- EU action must follow evidence, incl. WHO 'best buys' to regulate marketing restrictions, taxation and labelling of alcohol, tobacco and nicotine products
- Improve health literacy and tackle disinformation, e.g. to increase vaccination coverage
- Tackle poverty and inequalities in health and access to healthy living, e.g. mobility in green spaces, healthy food



→ **Ensure coherent evidence-based policies across sectors to enable physical and mental health and wellbeing**

Guarantee accessibility and effectiveness of medicines

- Prevent medicine shortages by creating resilient supply chains, safety stocks and effective monitoring and alert systems
- Lobby EU negotiations on new pharmaceutical legislation rebalance sector to serve medical and societal needs
- Improve access for patients everywhere
- Reduce antimicrobial resistance by preventing unnecessary consumption of antibiotics



→ Ensure access to affordable and safe medicines for all patients in Europe

Take climate action for better health

- Hold EU to its target of climate neutrality by 2050 and reduce net greenhouse gas emissions by at least 55% by 2030
- Lobby on EU negotiations on ambient air quality legislation to achieve alignment with WHO guidelines
- Find solutions to improve the environmental footprint of the healthcare sector, without compromising patient safety and care
- Raise awareness for health impacts of climate change, in line with One Health approach



→ **Ensure effective action to reduce health effects of climate change**

Keep in touch with CPME

- Most recent policies:
 - Policy on Doctors' well-being
 - Policy on Adverse Health Effects of Cannabis
 - Statement on Policy on Doctors' Right to Strike and Physician Substitution
- CPME magazine
- CPME social media @CPME_Europa



Webinar on Quality of Basic Medical Education

13 December 2023, 10:30-12:30 (Brussels time)

- Focus on how to maintain and evolve high quality education and training for doctors in Europe
- Official invitation and agenda to follow shortly



European Doctors stand in solidarity

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For more information, please contact **CPME Secretariat:**

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