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# PRESENT STATUS OF THE HEALTH CARE SYSTEM IN BULGARIA

## TRENDS

## POSSIBLE POLITICS AND SOLUTIONS

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Ministry of  
Health



# PRESENT STATUS OR STATUS PRAESENS

## WE STILL HAVE BENEFITED FROM THE LAST STANDS

### BENEFITS:

- Easy to get in – either you are student or patient;
- “Only” 4% of the GDP is given for health – and 3% added “out-of-pocket”
- Which is more needed – the “brick and mortar” or “living white power”;
- Active treatment and “emergent diagnostics” over prevention and prophylactics;

### CHALLENGES:

- To “give only” 2 million hospitalizations to 7 million people – so many of them without present for Christmas;
- To explain that the treatment of a disease in a I-st stage is 4 times easier than a disease in IV-th stage.
- To doctors: to stay at homeland or to leave for better life
- To nurses: to take care to average 25 beds in night shift

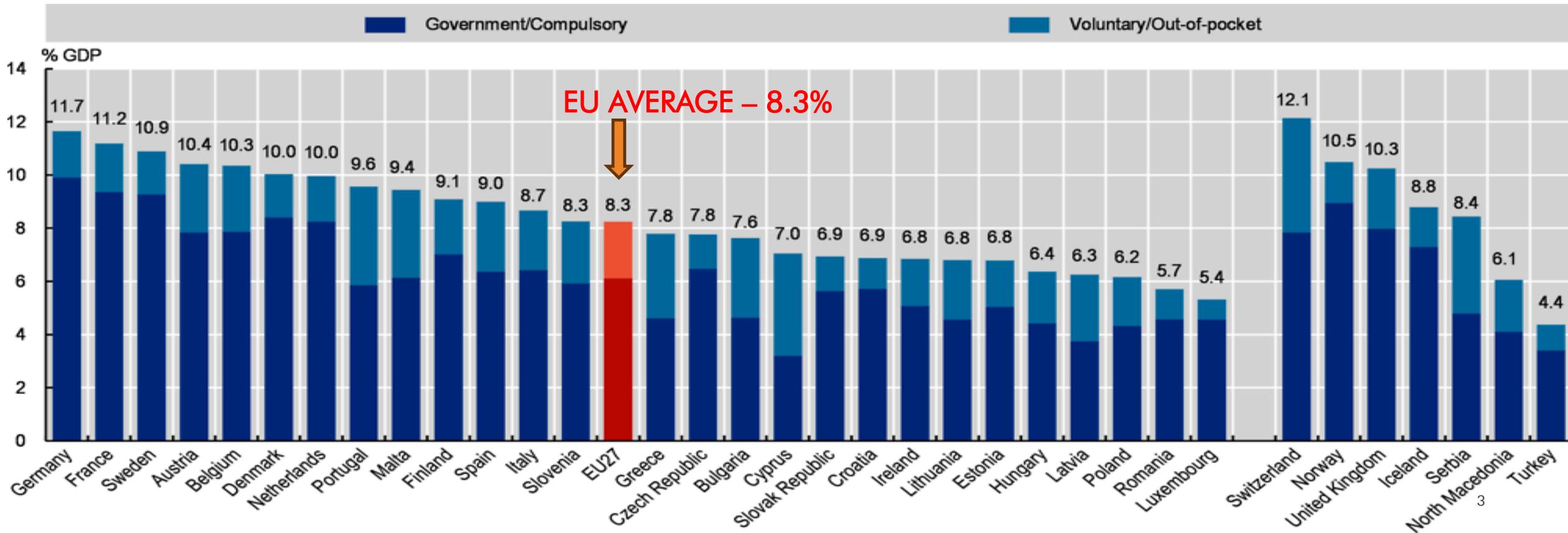


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# FINANCES IN THE SYSTEM

## 2024 - INCOMES

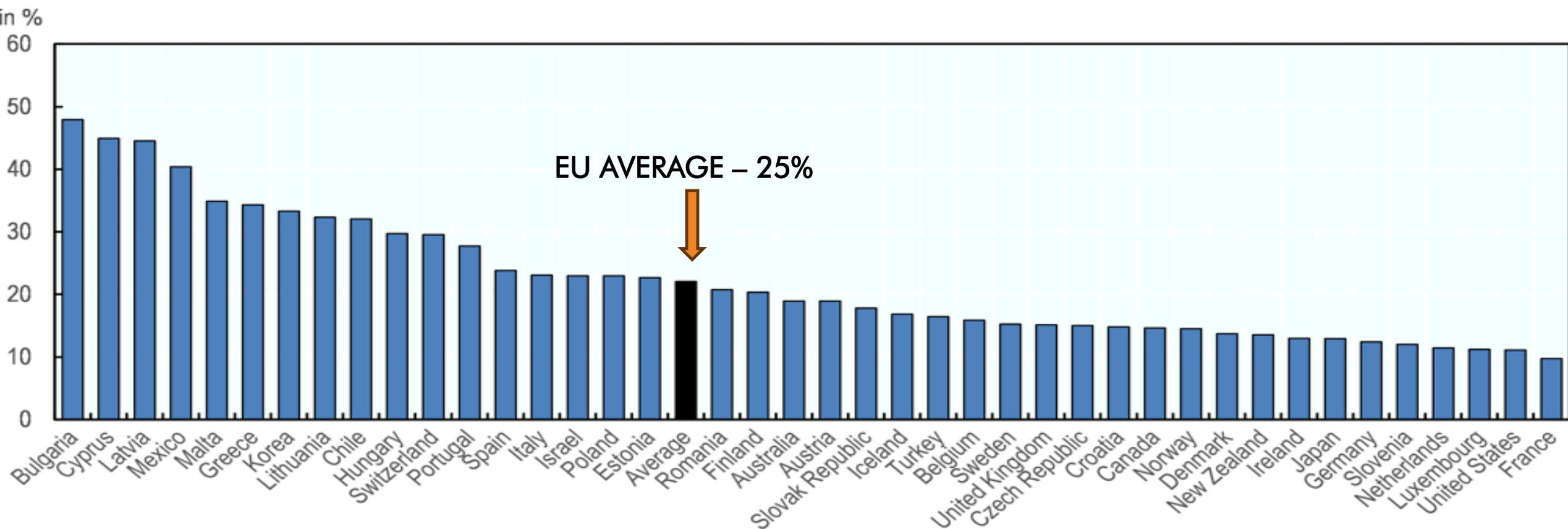
Public fund (8% from salary – 60/40 employer/ee) – 8.1 bln out of 205 bln  
**3.9% of GDP**



# FINANCES IN THE SYSTEM

## 2024 - INCOMES

Out of pocket money – near 45% or 3.7 bln



# FINANCES IN THE SYSTEM 2024 - INCOMES

Public fund money – 8.1 bln  
(3.9%)

+

Out-of-pocket m. – 3.7 bln  
(1.7%)

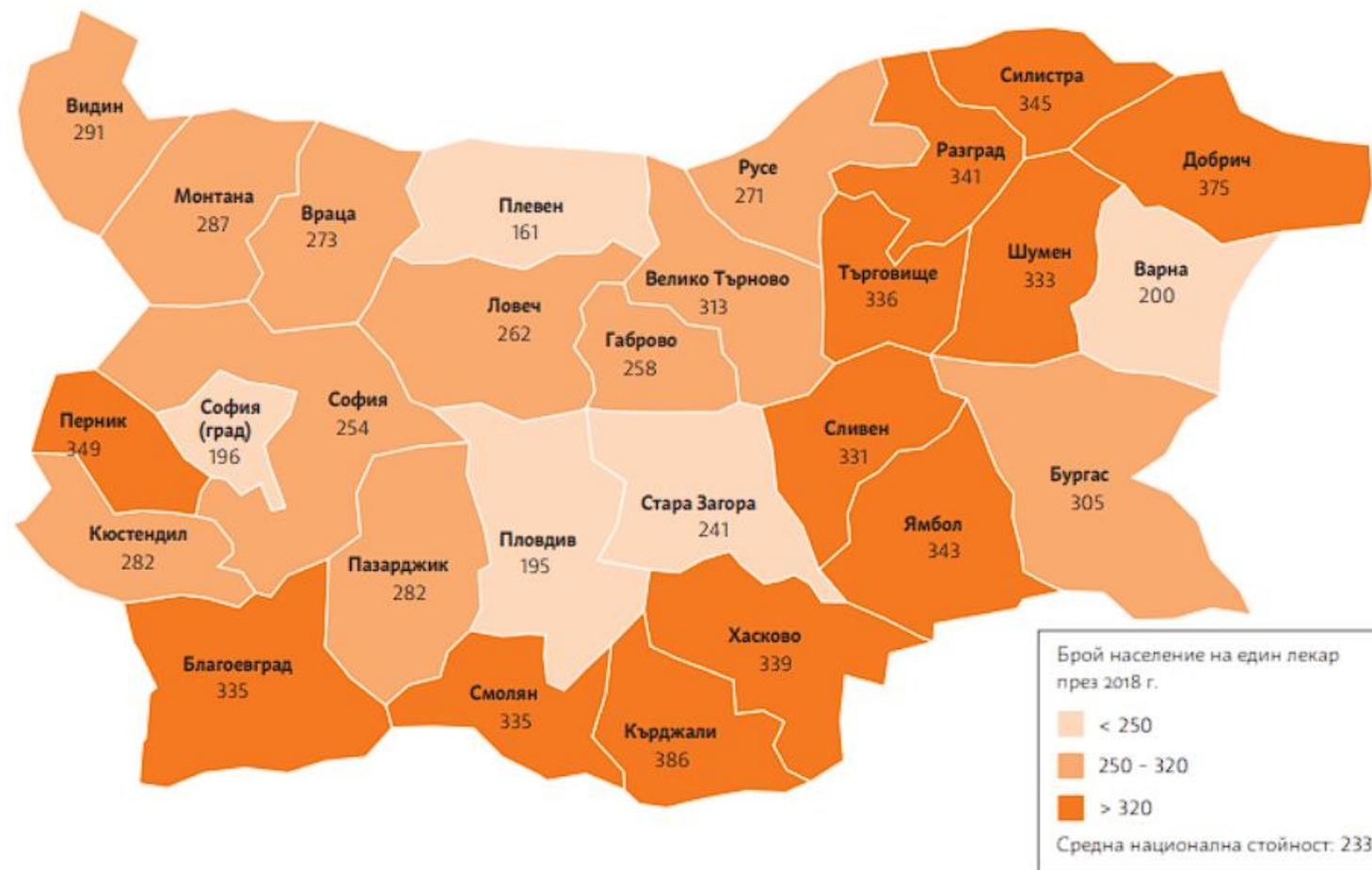
=

Common exp - 11.8 bln  
(5.7%)

Average EU -  
8%

1 / 3 of Bulgarians don't have the same  
accessibility to health care as the other  
2/3.

Фигура 18. Регионалното разпределение на лекарите е силно деформирано в полза на по-богатите райони



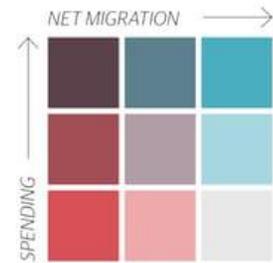
# FINANCES IN THE SYSTEM

## 2024 - EXPENDITURES

SALARIES – AVG DOCTOR'S SALARY FOR 2022 IS 1350 EURO

### STRUCTURE

- MAIN S. - 700 EURO
- ADDITIONAL S. 650 EURO ?



This map charts health care spending against the migration of doctors and nurses across the European Union. **Bright blue** countries spend a lot and welcome many health care workers. **Red** countries spend little and watch their nurses and doctors walk away.



# FINANCES IN THE SYSTEM

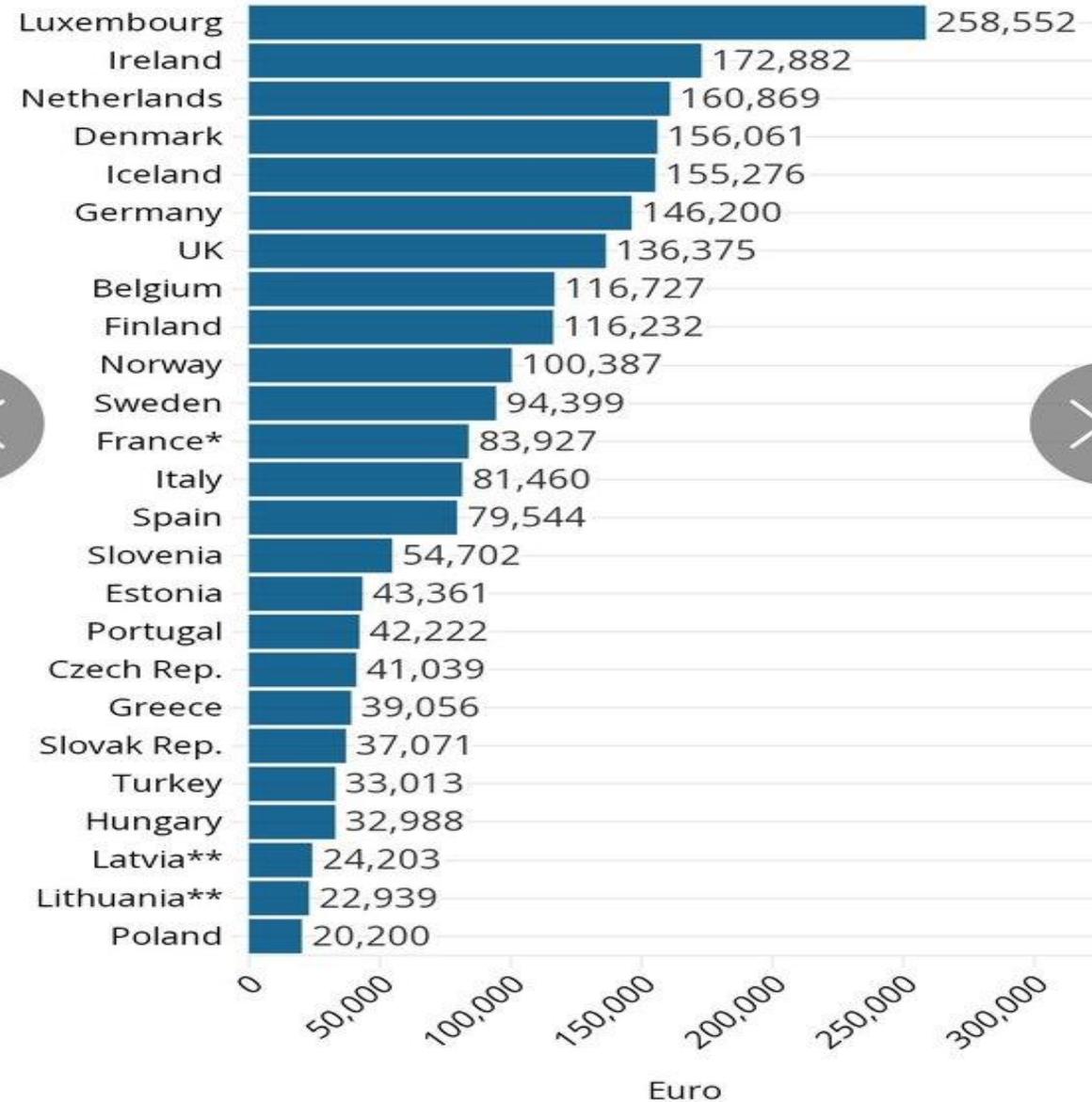
## 2024 - EXPENDITURES

### SALARIES –

#### STRUCTURE

- MAIN S. - 700 EURO
- ADDITIONAL S.  
650 EURO ?
  
- Annual – 16 200 euro

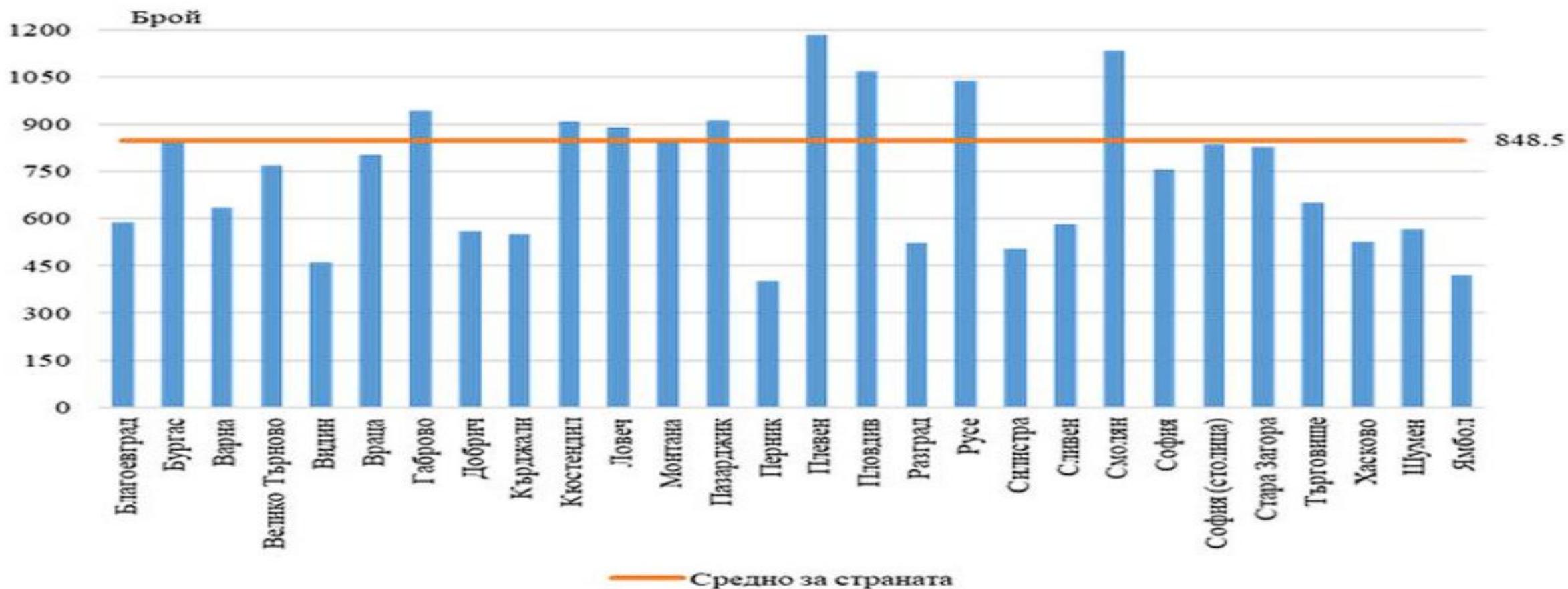
### Annual gross salaries of specialists (2020)



# FINANCES IN THE SYSTEM

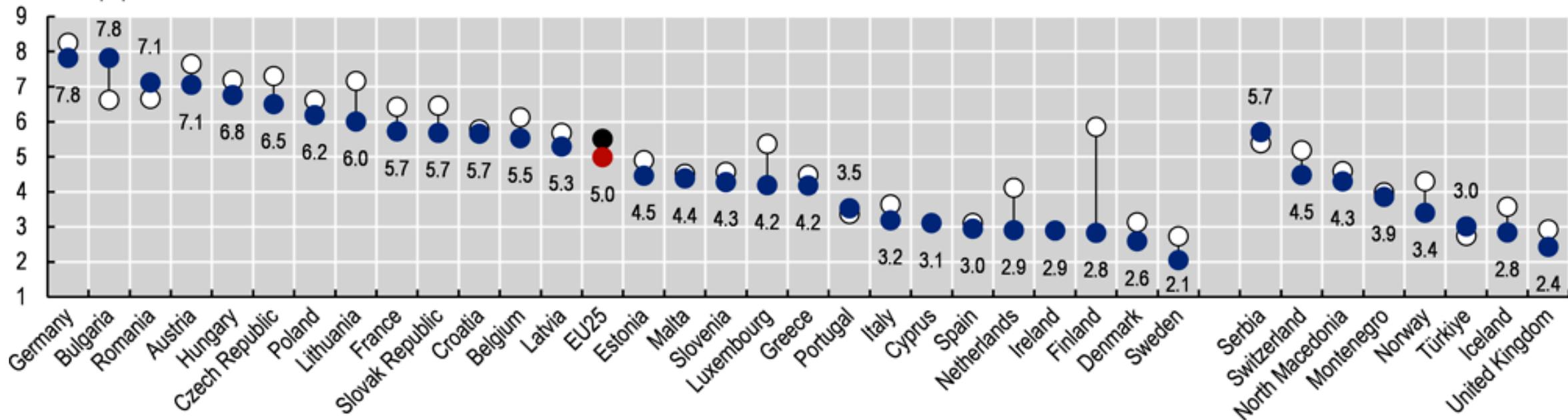
## 2024 – EXPENDITURES -BRICKS AND MORTAR (HOSPITALS)

**Фиг. 2. Осигуреност с болнични легла на 100 000 души от населението към 31.12.2022 г. по области**

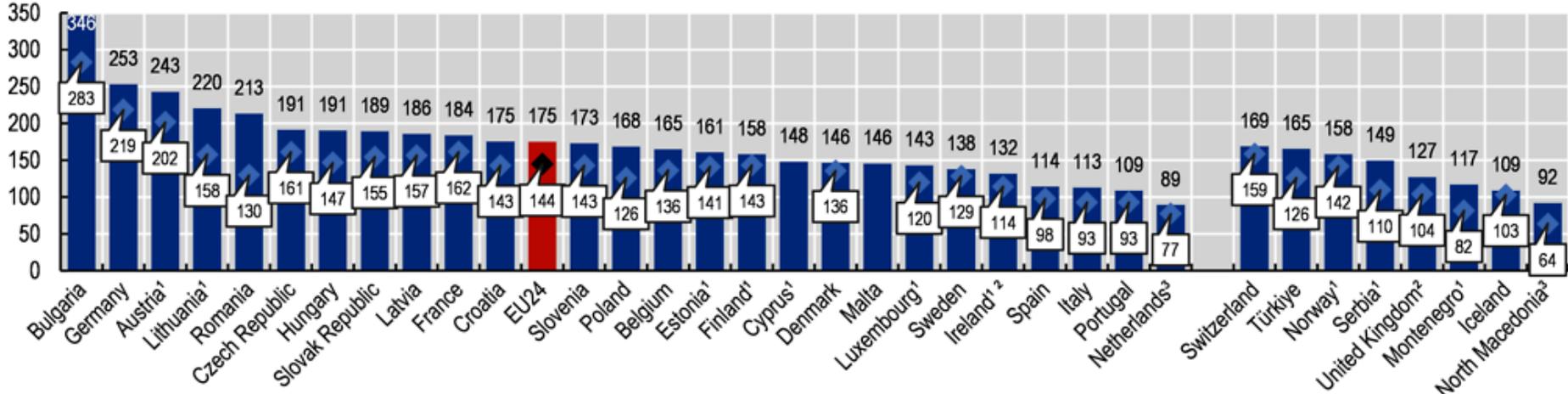




Per 1 000 population



Per 1 000 population



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# FINANCES IN THE SYSTEM

## 2024 – EXPENDITURES -BRICKS AND MORTAR (HOSPITALS)

**NUMBERS:** 341 HOSPITALS ( for 7 mil people)

**PAYMENT:** CLINICAL PATHWAY – AVERAGE 750 EURO (1550 LV) for 2023 y.

**HOSPITALISATIONS:** 2 MIL AND 200 000 IN 7 MILLION PEOPLE

**NUMBER OF CASES WITH “PLANNED DIAGNOSTICS”:** BETWEEN 200 000 AND 300 000 CASE

**REAL PRICE (BENEFIT) OF THOSE 250 000 CASES – 150 euro (300 lv) (1/5 of the spende)**

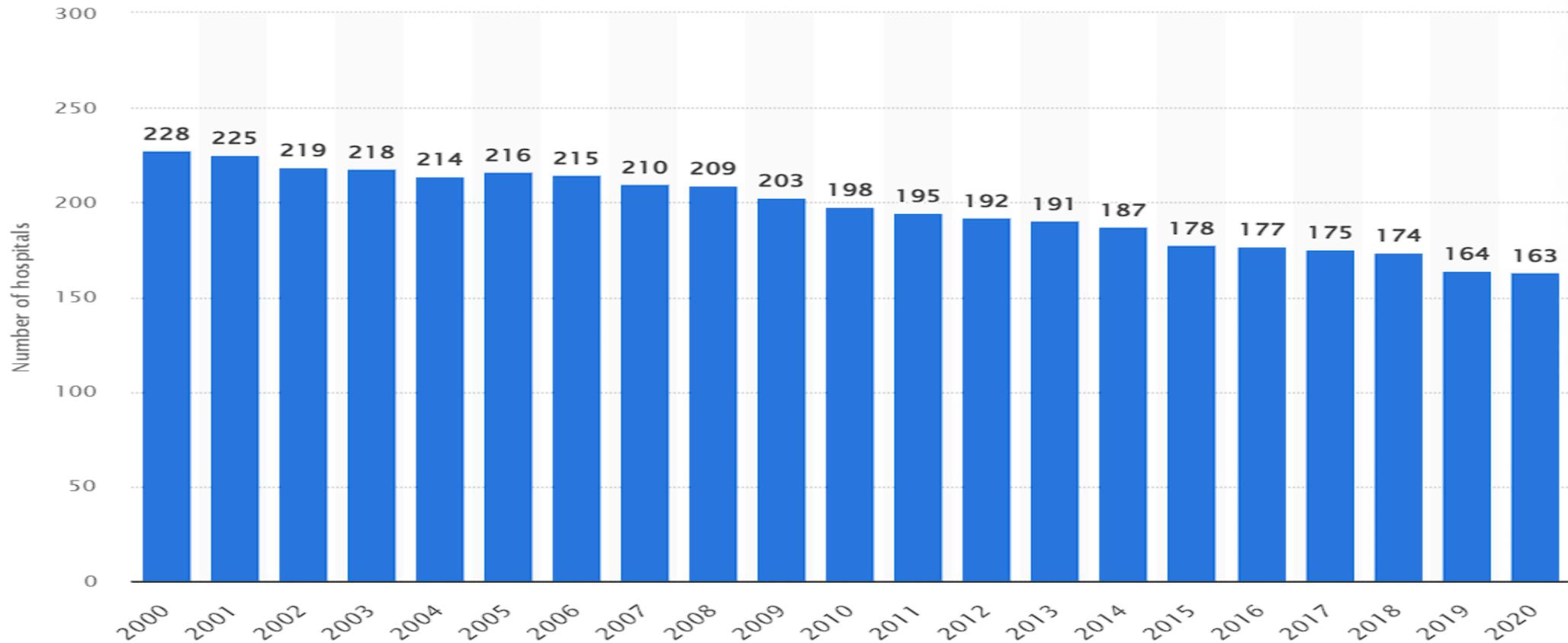
**THE VERDICT:** 300 000 000 spent for “bricks and mortar” out of 3 bln (10 %)

# FINANCES IN THE SYSTEM

## 2024 – EXPENDITURES -BRICKS AND MORTAR (HOSPITALS)

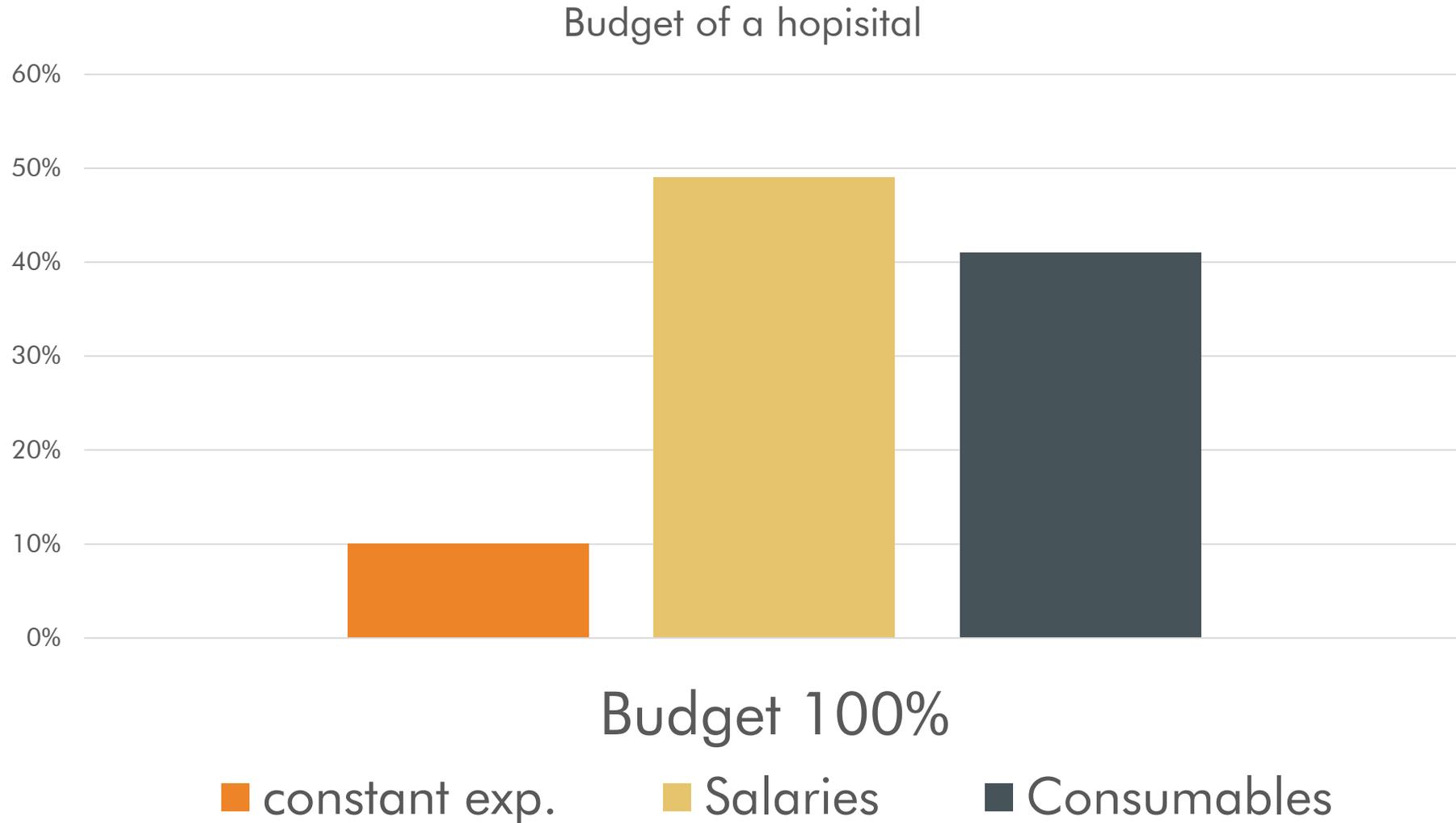
### Number of hospitals in Belgium from 2000 to 2021

11 million people



# FINANCES IN THE SYSTEM

## 2024 – EXPENDITURES -BRICKS AND MORTAR (HOSPITAL)



# FINANCES IN THE SYSTEM

## 2024 - DOCTORS

Number of professionally practising physicians per 100,000 inhabitants in the country

By [Sudesh Baniya](#)

Published on 17/09/2023 - 09:00 • Updated 10/10/2023 - 10:01

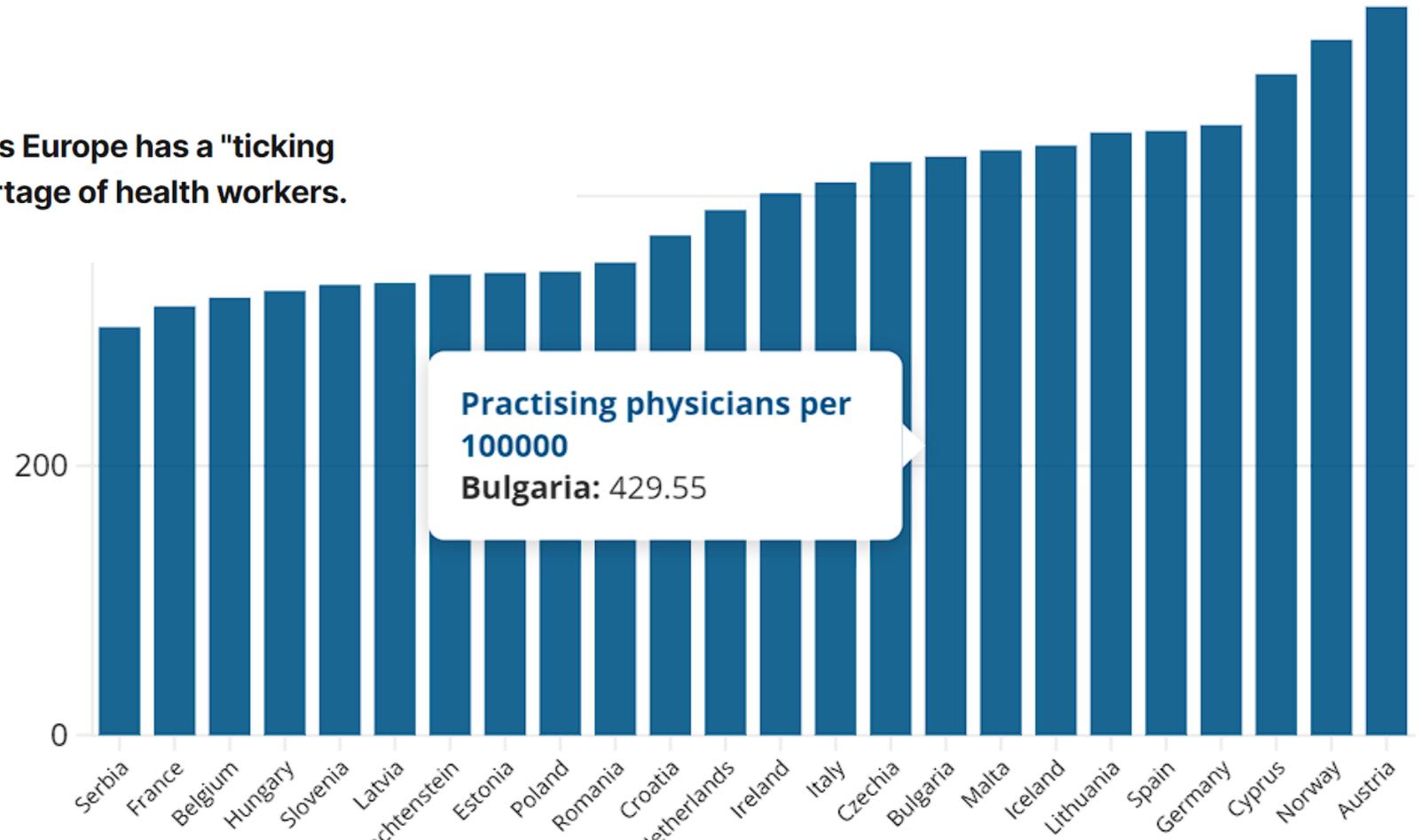


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The World Health Organization (WHO) believes Europe has a "ticking timebomb" to address when it comes to a shortage of health workers.



# FINANCES IN THE SYSTEM

## 2024 - DOCTORS

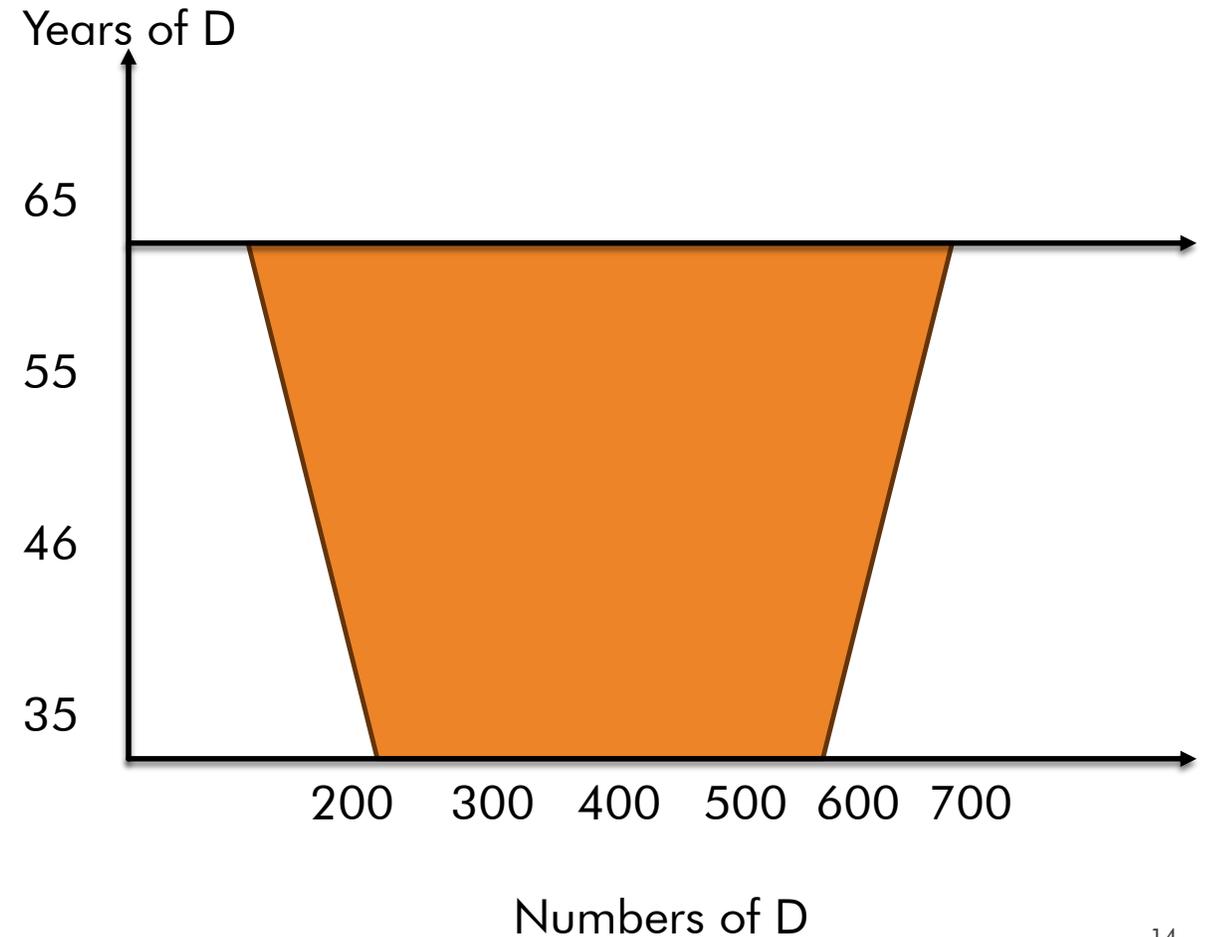
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# FINANCES IN THE SYSTEM

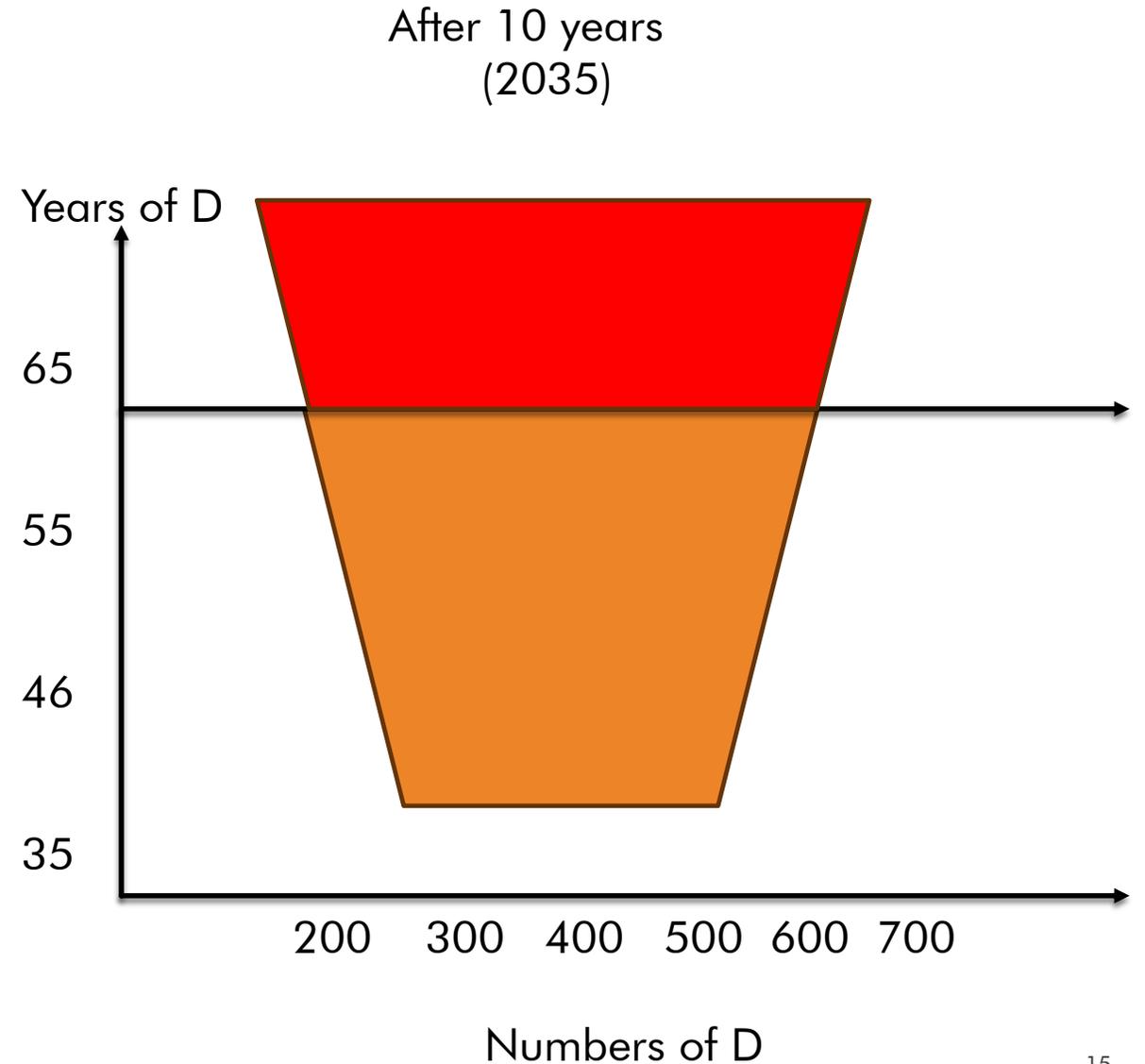
## 2024 - DOCTORS

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# SOLUTIONS 2024 - DOCTORS

- Optimization of the system -> re-inventing the Pyramid
- Politics and investments in young doctors
- Politics in salaries – in Bulgaria: around 2 x aver. salary  
In EU: around 3-4 x aver. salary  
In USA: 5 x aver. salary

## Rishi Sunak Pledges To "Train, Retain And Reform" NHS Workforce In Major New Plan



Prime Minister Rishi Sunak promised to "train, retain and reform" the NHS workforce (Downing Street)

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# SOLUTIONS

## 2024 - BUILDINGS – BRICKS AND MORTARS

- Less hospitals and beds, more outpatient services and care
- More standards and even accessibility of the patients in different regions
- Do we really need hospitals working predominantly on I lv CP?
- Direct investments in outpatient facilities
- When the clinical doctor will better paid in outpatient then in the hospital?

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# SOLUTIONS

## 2024 - PATIENTS

- Information, information and a bit more information!
- "PROPHYLACTIC CALENDAR" – an innovative application which could start from Bulgaria to all over the world
- Patients' control on spending money. Whose money? Their money?
- Benefits from the prophylaxis:
  - one insurance payment less?
  - many healthy persons more?
  - less big money spend on heavy cases

THANK YOU



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Ministry of Health